



## Why use praise?

- ✓ It shows that you approve of what your child is doing, making it more likely that they will do it again
- ✓ It encourages them to do the things you prefer them to do
- ✓ It boosts their self esteem

## How do I use praise?

- ✓ Look at what your child is doing and **praise what you see**, e.g.

Child pours water → “Good pouring!”

**If you ask them to do something or to stop doing something, you can say “Good listening!”**

Anything they do well can be praised – they usually respond well to praise.